



### HOW TO MEASURE

- A** **Inside Length:**  
Flatten your foot by shifting your weight forward, use a ruler or tape measure to measure your foot (from the heel to the tip of your longest toe).

<b>US SIZE</b>	5	6	7	8	9	10	11	12	13	14	15	16
<b>EURO SIZE</b>	38	39	40.5	42	43	44.5	45.5	47	48	49.5	51	52
<b>JAPAN SIZE</b>	24	25	25.5	26.5	27.5	29	29.5	30.5	31.5	32.5	33.5	34.5
<b>INSIDE LENGTH (CM)</b>	24	25	25.5	26.5	27.5	29	29.5	30.5	31.5	32.5	33.5	34.5
<b>INSIDE LENGTH (INCHES)</b>	9.5	9.8	10	10.4	10.8	11.4	11.6	12	12.4	12.8	13.1	13.6